



LCFC Regulations:



Members

All guests and registering members are required to show a valid ID (license, state ID, passport)

To qualify for “Household” membership, adult members must show proof of address with valid ID or matching mail.

Members who wish to end their automatic payment plan must fill out a “Stop Payment Form” in person 10 days prior to their next payment date, to allocate enough time for stopping payment.

Youth & Children

Ages 3-11: Must be accompanied by a parent, guardian or adult AND be in a youth class.

Ages 12-15: Must be accompanied by a parent, guardian or adult and can participate in any Fitness Center activities, including the use of equipment.

Ages 16-17: Required to present a valid ID before receiving full member privileges.

Fitness Center

Lockers are provided for daily use only. Any items left overnight will be discarded.

LCFC is not responsible for any loss or damaged property.

Any liquids must be in plastic bottles with twist-on lids.

Dress Code: A shirt is required on the Fitness Center floor, midriff must be covered.

Doors will be locked 30 minutes prior to closing. Members will not be allowed to enter during this time.

Personal Belongings

Pertenencias Personales

We strongly encourage you to use the lockers to store your personal belongings. LCFC is not responsible for any lost or stolen items.

Locks are sold at the registration desk.

Le recomendamos que utilice los casilleros para guardar sus pertenencias personales. LCFC no es responsable de ningún artículo perdido o robado.

Se venden candados en la mesa de registro/recepción.